

# Coaching Circles

*Develop the Leaders your school needs for today & tomorrow through coaching and co-consulting*

## What is a Coaching Circle?

Coaching is the working partnership of coach & client that aims to deepen learning & exceed personal and professional goals. EquiLearn Coaching Circles add another dimension; the support and problem-solving capability of the group or circle; an external perspective.

## How do Coaching Circles Work?

- ✚ Circles are made up of 5-6 leaders
- ✚ All members are focused on continuous personal development contextualised to their roles and responsibilities
- ✚ Each circle series consists of 6 sessions of 90 minutes completed within a 18 week period
- ✚ Meetings are held in school at your convenience
- ✚ Meetings follow a specific format for maximum effectiveness
- ✚ Coaching Circles are based on a philosophy of action learning through collective problem-solving but with individual ownership of issues
- ✚ All sessions are facilitated by a professional EquiLearn coach
- ✚ Circle membership involves a personal commitment to participate in the full series

## Cost

The cost to set up the Coaching Circle and facilitate a series is available on request.

## Contact

EquiLearn on 020 7 736 7878 or email [info@equilearn.org](mailto:info@equilearn.org)

**EquiLearn** recommends that Coaching Circle members take a measure of emotional intelligence (an EQi). Success today-personal & professional-demands relationship skills as never before. Research shows that school leaders with high EQs or emotional quotients are more likely to succeed; emotionally intelligent living is a critical aspect of the 21<sup>st</sup> century landscape. Circle members have access to this service at a special rate to include a 1 to 1 confidential feedback session at which a forward personal development action plan is agreed.

***You can find out more by joining a Coaching Circle.***