



## 6 Coaching Conversations

*Develop your personal effectiveness; tackle your challenges and opportunities through a world-class 6 session coaching programme designed to deliver tangible results*

### What can I expect from these conversations?

Coaching is the working partnership of coach & client that aims to deepen learning towards meeting - and very often exceeding - both personal and professional goals. EquiLearn Coaching is non-directive, exploratory in nature and focuses client discovery; the target is always the practical steps towards achieving clearly thought-through realistic goals; finding solutions to current challenges and workplace imperatives, plus successfully realising overall aspirations.

### How do Coaching Conversations Work?

- ✚ Coach and coachee contract around ways of working together
- ✚ The focus is coachee continuous personal development contextualised to the client's role and responsibilities
- ✚ Meetings are held at coachee convenience in a relaxed, confidential and pleasant environment in Central London, or on the phone after an initial meeting
- ✚ Conversations follow a bounded format for maximum effectiveness
- ✚ Coaching conversations are based on a philosophy of action learning and development through shared problem-solving but with individual coachee ownership of selected issues
- ✚ Engagement in the conversation series involves a personal commitment to participate
- ✚ The coach is available at all time for a phone conversation or email communication

### Cost

Find out about our all inclusive fee packages for 6 x 90 -120 minute conversations, materials, location fee, phone and email support; the programme runs between February 1 and September 30, 2010.

### Contact

Call EquiLearn on 020 7 736 7878

Email [info@equilearn.org](mailto:info@equilearn.org) to register or to learn more.