



## Executive Coaching Package

### Components

1. A Diagnostic Module
2. 6 Coaching Conversations
3. An optional post Conversation Assessment (Gap Analysis)

### What is the Diagnostic Module?

It is a succinct intervention which can form the start of a continuous learning and development initiative or an individual executive coaching or mentoring programme. It is short and reasonable in price. It gives people an introduction to their strengths and capabilities and an opportunity to consider the personal issues on which they need to work. It has been used successfully for teams as members start from a baseline of self awareness which can be shared within the group towards promoting collective effectiveness and success.

### How does the Diagnostic Module work?

I One-to-one confidential client-coach meeting to discuss personal needs and the business agenda. Review the Diagnostic Module and agree what to expect (**60 minutes**) (*For clients already working with an executive coach/mentor this segment may take a different form*)

II Client completes two self-exploration & personal development measures online or on paper (**45-60 minutes**)

III Second one-to-one confidential client-coach meeting to review the results of these measures, provide feedback and agree a way forward and an action plan. (**90 minutes**)

### What are the outcomes and benefits?

1. Increased self-awareness, gained in a confidential and enjoyable environment, expressed as a user-friendly, practical action plan.
2. A tangible, evidence-based starting point for personal learning & development
3. Ownership of a personalized action plan.
4. A learning and development plan aligned to workplace goals and requirements.
5. Clarity around how to learn best
6. For teams participating in **the Diagnostic Module**, there is a solid basis for collective success. This is achieved through collaborative learning, grounded in an openly shared talent inventory allowing leverage of differences in preference and approach towards ever higher levels of performance



## Follow Up

- ◆ 6 x120 minute executive coaching sessions
- ◆ Phone and email support during the coaching intervention
- ◆ Optional extra support through membership of an Equilearn Coaching Circle
- ◆ a post coaching conversations re-assessment
- ◆ masterclasses (with an ongoing mentoring option)
- ◆ a facilitated action learning programme.

(Follow up decisions will depend on individual learners and the specific context)

## What is 'An optional post Conversation Assessment (Gap Analysis)'?

An opportunity to re-take one of the two self-explorational measures – this time in paper format – so that the client can review the journey travelled against concrete evidence.

Fees: Client requirements will vary and as a result, the Executive Coaching Package is costed on a case-by-case basis.

## Learn more

by calling 44 207 736 7878  
Or emailing [info@equilearn.org](mailto:info@equilearn.org)