



## 6 Coaching Phone Conversations

*Continue to consolidate your capabilities, challenge and develop your personal capacity with an Equilearn Telephone Coach. Select this economic and highly focused option to maximise the use of your time and energies.*

### What can I expect from these telephone conversations?

Coaching is the working partnership of coach & client that aims to deepen learning towards meeting - and very often exceeding - personal and professional goals. EquiLearn Telephone Coaching Packages are offered to existing clients with an already worked up Personal Development Plan (PDP) anchored in an evidence-based starting point. The target is always the execution of practical steps towards achieving clearly thought-through realistic goals; finding solutions to challenges and successfully realising overall aspirations.

### How do Coaching Telephone Conversations Work?

- ✚ Coach and coachee contract around ways of working together
- ✚ The coachee will already have a 'working relationship' with the coach or will conduct a face-to-face conversation before starting the phone series
- ✚ This working relationship will have produced a PDP that provides a concrete basis for the telephone conversations
- ✚ The focus is coachee continuous personal development appropriately contextualised
- ✚ For maximum impact 6 x 45 minute telephone conversations are pre-agreed and diarised from the outset
- ✚ Conversations are followed up with a templated email exchange
- ✚ Coaching conversations are based on the philosophy of the action learning cycle to optimise achievement

### Costs

An all inclusive fee is payable upfront for the preliminary conversation and 6 x 45 minute telephone conversations with specific email follow-up; the programme runs over a maximum of 12 weeks and is anchored in a detailed PDP to ensure tangible outcomes.

Call EquiLearn on 020 7 736 7878 Email [enquire@equilearn.org](mailto:enquire@equilearn.org) to register