



Becoming a Coach

An Introduction over 4 Conversations

Develop your coaching capacity; this might be towards training as a professional coach or it might be around developing your current approach to interpersonal professional relationships to achieve optimum effectiveness.

What can I expect from these conversations?

A comprehensive introduction to the world of professional coaching that also reviews 3 core types of coaching applications. The programme format is one of conversation, exploration, and practice anchored in 4 short presentations and a series of essential tools and techniques.

Participants can expect to gain absolute clarity as to what is required to achieve effectiveness in coaching. They will have the opportunity of exploring proven coaching models or 'scaffolding' and of considering what might work best for them and why. The programme takes a detailed look at the language of coaching and invites participants to start to develop a personal lexicon. It also addresses the challenging skill of effective questioning, while introducing a variety of tools and processes that add value to a coaching intervention. The programme offers a comprehensive workbook that is invaluable to on-going practice.

Cost

An all inclusive fee of £1250 for 4 x 120 minute development conversations, to include 2 orientation assessments to benchmark each participant's starting point; the programme runs between June 1 and November 30. Sessions can be taken as 2 x half days or as 4 discrete conversations (recommended). This is an individual up-skilling programme or a 3 - 6 participant programme. (fees differ for groups)

Contact

Call EquiLearn on 0207 736 7878

Email info@equilearn.org to register or to learn more.